



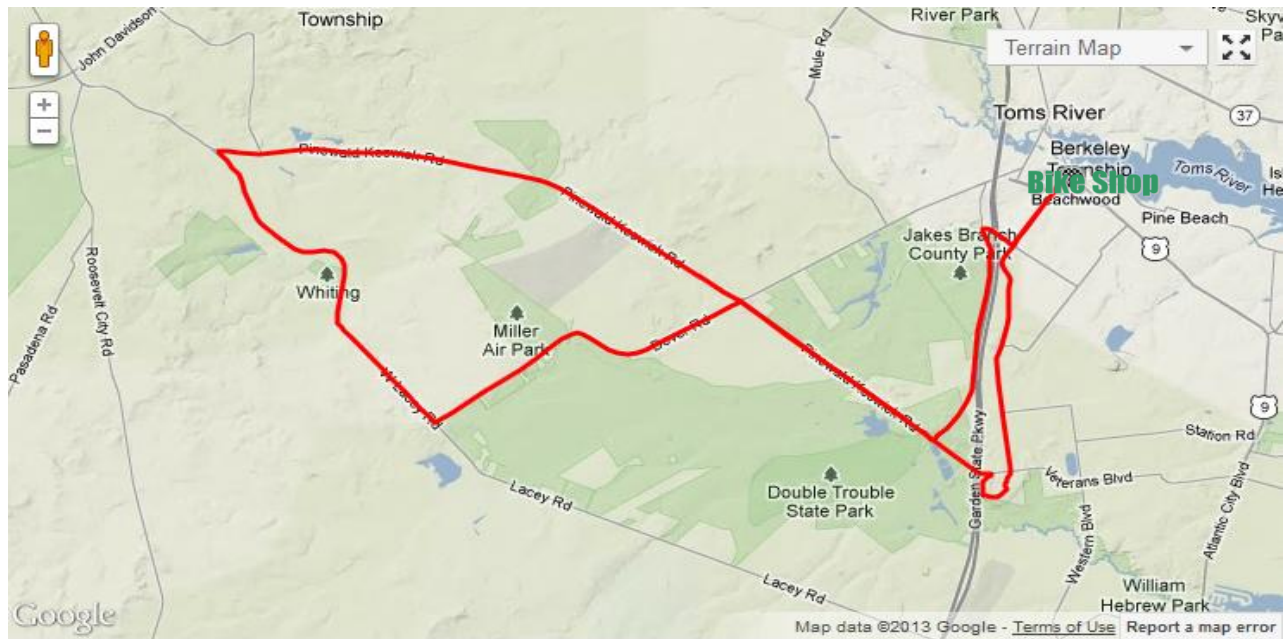
Whiting Loop/Figure 8 Ride, 29 Miles (Monday Night "A" Ride Route)

Beachwood Bicycles 101 Hwy 166 Beachwood NJ (732) 349-2333

www.beachwoodbikes.com

PT to PT	Cum MI	Turn	Directions
Ft.	Ft.	L	L onto STARBOARD out of bike shop parking lot
Ft.	Ft.	R	Quick R @ SS onto ATLANTIC CITY BLVD.
125 Ft.	125 Ft.	L	Quick L @ TL onto ADMIRAL
0.3	0.3	S	S @ RTE 9 TL. Continue on SURF (Admiral changes to Surf).
0.8	1.1	R	R @ BIRCH ST. TL. Cross over GSP bridge.
0.3	1.4	L	L at TL onto DOUBLE TROUBLE RD/bottom of hill
2.6	4.0	R	R at TL/end of road onto PINEWALD KESWICK RD
2.6	6.6	L	L at TL onto DOVER RD/CTY RD 530
3.8	10.4	R	R @ SS/end of road onto LACEY RD. Road heads out to Whiting.
4.3	14.7	R	Make R at first TL onto RTE 530/LACEY RD/Also PINEWALD KESWICK RD

PT to PT	Cum MI	Turn	Directions
		S	Stay Straight 9.2 miles
9.2	23.9	R	After going under GSP bridge, watch carefully for R turn/ entrance to Central Regional Middle School. Head up hill. Hill will take you around the back of the school(s).
0.6	24.5	R	R at SS in back of school(s).
0.3	24.8	L	L out of Central Regional High School Parking Lot onto FOREST HILLS PKWY
0.1	24.9	R	R at TL for GRAND CENTRAL PKWY/Also Central Regional HS TL.
		S	Stay Straight on PINEWALD RD/switches to SURF.
		S	S across RTE 9 TL
3.8	28.7	R	R at TL onto AC BLVD.
Ft.	28.7	L	L onto STARBOARD/Bike Shop Parking Lot
	END		



Connect with other riders at www.strava.com



Legend:
 R-Right / L-Left
 S-Straight / SS-Stop Sign